

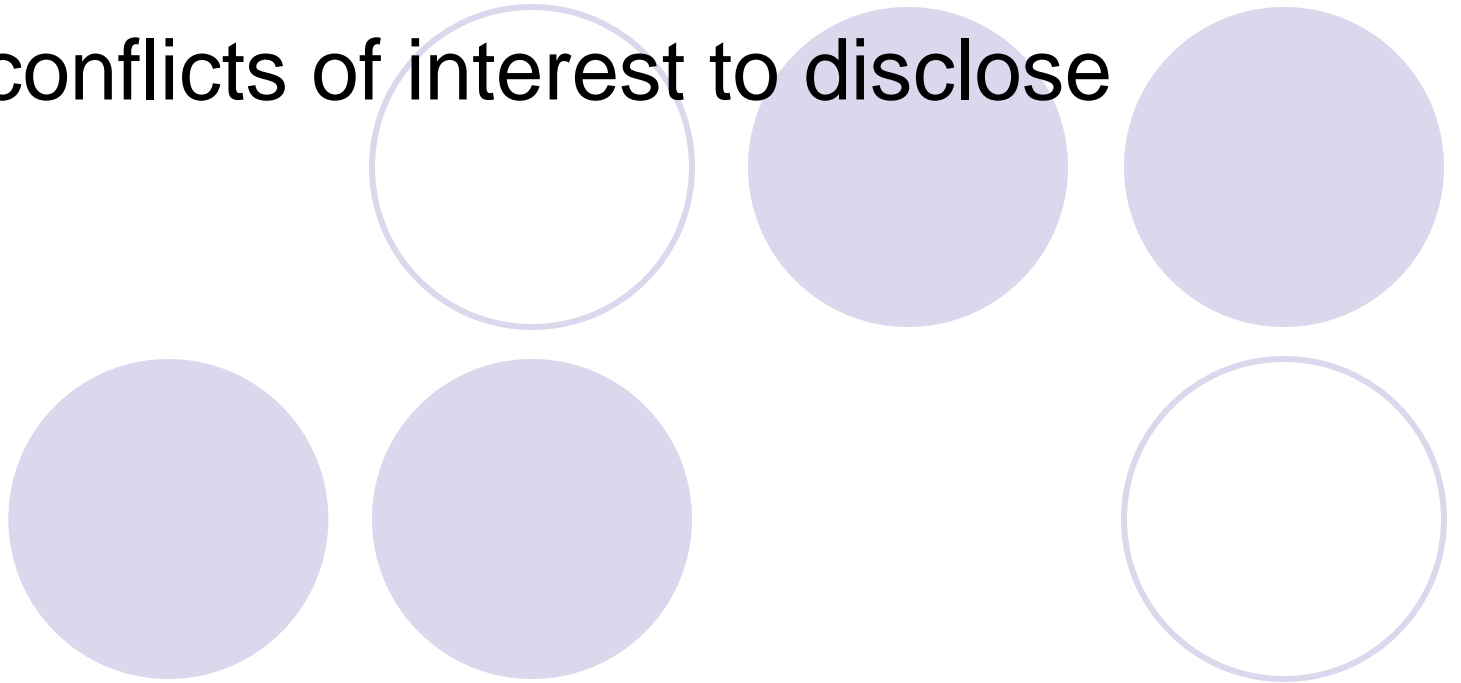


# Advance Care Planning

Presented by  
Pat Porterfield, MSN,  
Palliative Care Regional Leader, Vancouver Coastal Health  
Elizabeth Beddard-Huber, APN,  
Pain and Symptom Management/Palliative Care, BCCA

# Disclosure

- No conflicts of interest to disclose



# ACP legislation in BC

**On September 1, 2011 under the new Health Care (Consent) & Care Facility (Admission) Act three scenarios will exist for capable adults to make future health care decisions using Provincial *My Voice*:**

- 1) Patient chooses to write **Advance Care Plan** stating their beliefs, values, wishes for consent decisions
  - Temporary substitute decision-maker makes health decisions with MD or health care provider per 'wishes'

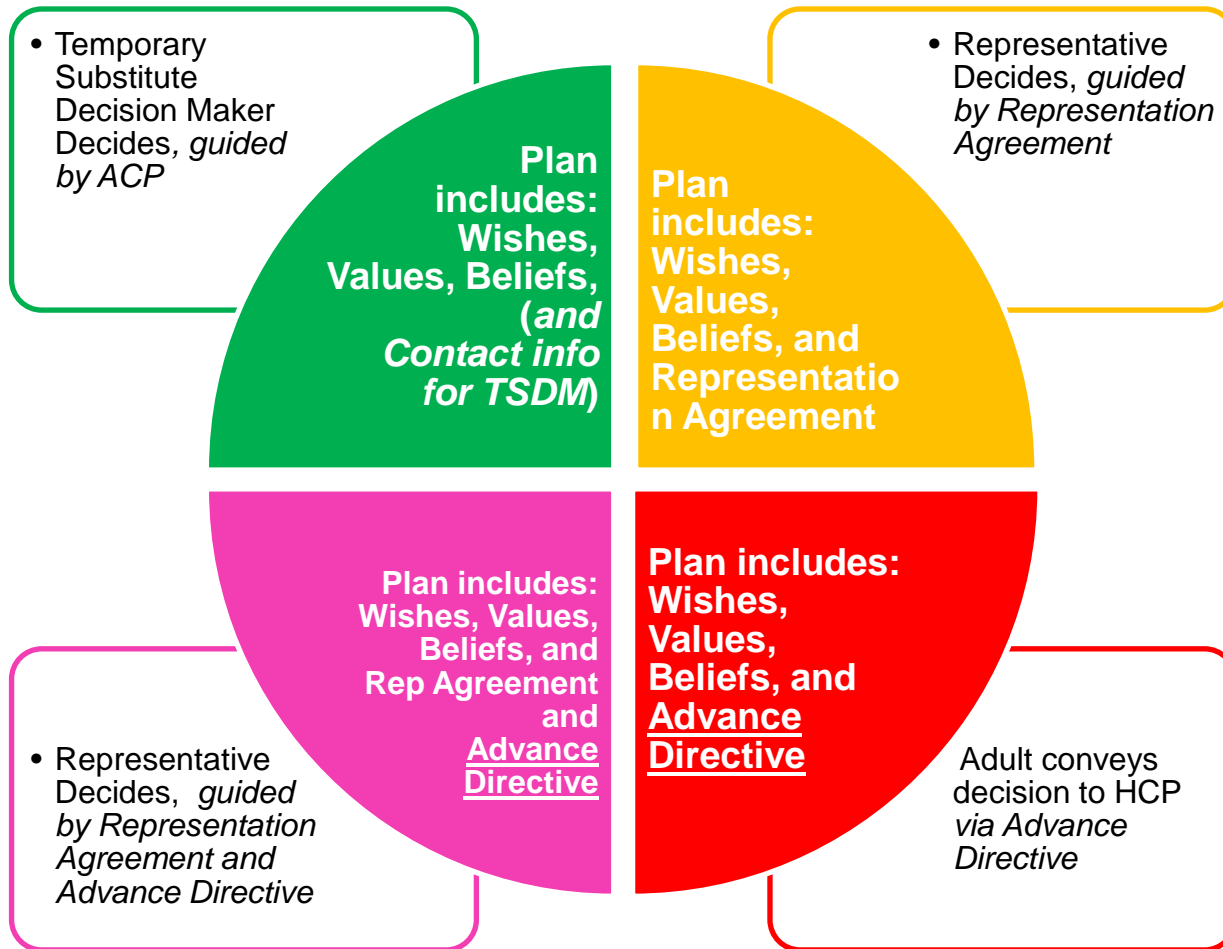
**OR**
- 2) Patient chooses to write advance care plan and decides to **appoint a Representative**
  - Representative makes health decisions with MD or other provider based on patients wishes, **OR**

# ACP legislation in BC (continued)

3) Patient chooses to write an **Advance Directive (AD)**.

- Advance Directive but no representative:
  - Physician follows advance directive as long as it addresses the care required;
  - TSDM needed if advance directive does not address the health issue
- Both advance directive & representative:
  - Physician must obtain health care decision from representative
  - Representative must base decision on the adult's AD and wishes

# ACP: How Advance Directives Fit



# Glossary

**Temporary Substitute Decision-Maker (TSDM) – the patient's closest family member or friend who is legally qualified and available** to make health care consent decisions on behalf of an incapable adult. The TSDM must be selected in the order given, from the legally-prescribed list in the Health Care Consent Act.

**Representative and Representation Agreement – the patient's legally-appointed substitute decision-maker, and the signed document** that sets out the type and scope of decisions that may be made, appointed and made by the patient when capable.



# Temporary Substitute Decision-Maker (TSDM)

4) If the patient does not have an ACP/AD: then consult TSDM as per prescribed list for health care decisions.

- ✓ The adult's spouse
  - ✓ The adult's child (may be any child; birth order not relevant)
  - ✓ The adult's parent
  - ✓ The adult's brother or sister (any sibling; birth order not relevant)
  - ✓ The adult's grandparent
  - ✓ The adult's grandchild (any grandchild; birth order not relevant)
  - ✓ Anyone else related by birth or adoption to the adult
  - ✓ A close friend of the adult
  - ✓ A person immediately related to the adult by marriage.
- Must be at least 19, been in contact with the adult in past 12 months, have no disputes with adult, be capable of giving, refusing or revoking consent, be willing to comply with duties in Part 2, section 19.

# Pearls: Advance Care Planning

- “Advance statement”: “YES”:
  - What patients would like to see happen
  - “Preferences” re care options
- “Advance refusal”: “ NO”:
  - Durable intent to withhold consent/ refuse certain treatments.
- Advance Care Planning is critical for those:
  - With clear intent to refuse certain types of care
  - Without a family member to speak for them
  - With the desire to appoint a person of their choice (representative)

# Substitute Decision Makers (SDM)

- SDM is a stressful role as often own preferences may vary from those of the patient.
- The role of the SDM is to represent the values, beliefs, and wishes/preferences of the patient.
- You need to frame the question in a way that clearly indicates what you need from the SDM:

***“What would your father be thinking ... ?”***

***“What would they do in this circumstance?”***

***“What would be important to your mother now?”***

# Receipt & Management

## What nurses need to know about ACP

- Dependent on policies of the organization
  - Understand health care consent & how ACP would be used in person incapable
  - Inquire if person has engaged in advance care planning
  - Know the process for receiving & storing documents
  - Know how to locate resources ie: MoH Health Care Provider's Guide to Consent to Health Care; policies within the organization

# Encouragement and Development

## Nurses' role in assisting patients & families

- Dependent on the nurses' ACP role within the team/organization
  - Knows resources to assist engagement in ACP:
    - BC MOH website:  
<http://www.health.gov.bc.ca/hcc/advance-care-planning.html>
    - National website: [www.Advancecareplanning.ca](http://www.Advancecareplanning.ca)
  - Is comfortable discussing ACP and describing tools such as advance care plan, rep agreements & Advance Directives
  - Routinely includes information about ACP in discussions with patients and families

# What is happening at BCCA...

- Consultants: Sue Carpenter and Jennifer Clary hired
  - to develop policies, procedures and guidelines required to support the implementation of ACP and AD in BCCA facilities
  - to ensure PHSA Consent Policy and their implications are understood in BCCA facilities
    - <http://pod/hcq/risk/Documents/Forms/AllItems.aspx> (Consent)
- BCCA Advance Care Planning Working Group, a cross agency working group developed
  - to endorse and adopt the “My Voice” ACP Program
  - to identify & develop procedures & guidelines to implement ACP
  - to create an environment that will promote ACP use at BCCA
  - to develop awareness of ACP and discussion re goals of care
  - to formulate an implementation plan working with regional centres and their local jurisdictions
  - to develop an education plan for staff
- 10 – 1 hour presentations videolinked to all BCCA sites done on “ACP – An Overview of the Changes”

# Next Steps



- Deliver “ACP – An Overview of the Changes” presentation to target audiences
- 2 subgroups of ACP Working Group created:
  - Goals of Care Group looking at bigger picture re: physician education on Goals of Care discussions, development of a chart-based tool for prognostication and referral to appropriate resources etc
  - Subgroup looking at operational issues re identifying ADs, ACP education/support for pts/families
- Where will an Advance Directive be stored – in a paper or paperless system?



# Questions and Answers

- What issues can you identify?
  - Email questions/issues to...
    - [ebhuber@bccancer.bc.ca](mailto:ebhuber@bccancer.bc.ca)



# Presentation based on:

- Consent Matters: Ministry of Health, September, 2011 Presentation
- VCH Sept 29 Presentation “Getting Your Acts Together...”
- Terms of Reference: BCCA ACP Working Group, 2011